# UUS November 2006



THE FOUR VILLAGES MAGAZINE EATON BRAY

ESBOROUGH

NORTHALL

DAGNALL

# Christmas Menu 2006



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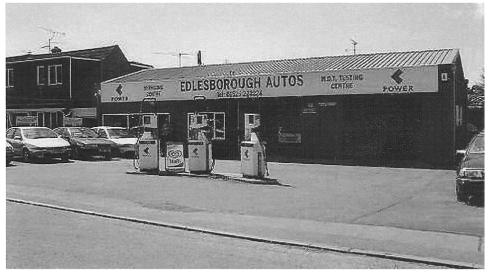
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#### Focus - The Four Village Magazine

Magazine Committee

Joint Editors: George Crutcher - 7 Summerleys, Eaton Bray 221637 Sally Siddons - 34 Wallace Drive, Eaton Bray 221733

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Copy for publication to the Editors or one of the following by the **10th of the month**: Kevin Cubbage - 'Larums', Eaton Bray Road, Northall

Val Barrow - 3 Chestnut Close, Dagnall

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#### November 2006 Weekly

#### Village Diaries



Mon-Fri (term time)	Eaton Bray Pre-school, Eaton Bray Village Hall, Cindy 07773 095624		
Mon-Fri (term time)	Dagnall Under 5's, Dagnall Village Hall, 9.15-12 noon		
Mon-Fri (term time)	Edlesborough Under 5's Pre-School, Edlesborough Memorial Hall, Sue		
	Connor 01525 222739		
Tuesdays	Yoga Classes, Northall Village Hall, 1.45-3.15pm		
Tuesdays	Line Dancing, 1.30-3p.m., Eaton Bray Village Hall, Lyn Stubbs 220731		
Tuesdays	Baby Cafe, 10.15 - 11.45 am, Pitstone Memorial Hall		
Wednesdays (term	Eaton Bray Under 5's, 1.15-3pm Eaton Bray Village, Hall Cindy 01582		
time)	477568		
Wednesdays	Chi Kung & Wu Chi classes, Coffee Tavern 11am - noon		
Wednesdays	Keep fit, 7:30-8:30pm, Eaton Bray Village Hall, Mrs Roch 220669		
Thursdays (term time)	Mums & Toddlers session, Dagnall Village Hall, 1-3pm		
Thursdays	Yoga Classes, Northall Village Hall, 11.30am-1pm		
Thursdays	Eaton Bray Badminton Club, Eaton Bray Village Hall, 8.15-10pm.		
Thursdays	Keep fit, 2pm, Eaton Bray Village Hall, Mrs Johnson 220304		
Fridays	SOCATOTS,12:45, Eaton Bray Village Hall, Daniel Walker 07968		
C - 4	778681		
Saturdays	Jazzercise, Eaton Bray Village Hall, Mrs Angela Veryard, 715208		
Monthly			
1st Monday	Eaton Bray Parish Council Meeting, 7.30pm, The Coffee Tavern		
1st Monday	Eaton Bray W.I. Meeting, 7.30pm, Eaton Bray Village Hall, Contact		
	Sheila Beal on 01525 221185		
1st & 3rd Tuesday	Dunstable & District Orbit Club meet in central Dunstable at 8pm. For more details contact 01525 222441 or 01582 755147		
2nd Tuesday	Toddlers' Church, St Mary's, Eaton Bray, 2.00pm		
2nd Tuesday	Dunstable & District Local History Society meeting, 7.45pm, Methodist Church Hall, Dunstable		
2nd Tuesday	Edlesborough W.I. Meeting, 7.30 pm, Edlesborough Memorial Hall		

### 

November 2006 Cont'd Village Diaries			
Monthly Cont'd			
2nd Wednesday	8.15pm Healing Service in St Mary's Church		
3rd Thursday	Edlesborough Parish Council Meeting, 7.30pm, Memorial Hall		
<b>Other Regular Events</b>			
1st, 15th & 29th	Bingo, Dagnall Village Hall, 8pm		
10th	Leukaemia Research Coffee Morning, 2 Dunstable Road, 10.30 am, Chocoholics		
21st	Over 60's, 2.00pm in Dagnall Village Hall		
One Off/Annual/Irregular Events			
2nd	All Souls Day, St Mary's Eaton Bray, 8pm		
11th	Fund Raising Day, Orchard Cottage, Chapel Lane, Northall. 10.30-3pm		
17th	Dagnall Under 5s Christmas Fair 7pm – 10pm (see separate advert)		
18th	Breast Cancer Haven National Quiz & Silent Auction, 7pm for 7.45pm, Edlesborough School, 01525 221516		
18th	St Mary's Eaton Bray Christmas Fayre, 12 - 2pm		
23rd	Christmas Shopping Evening, 7.30 - 10.30 pm, Village Swan Pub, Ivinghoe Aston		
24th	Soup Kitchen at 1, Chestnut Close in aid of Iain Rennie Hospice at		
	Home, 12 – 2pm		
29th	Buds of May Christmas Workshop, 7.30-9.30pm, Northall Village Hall,		
	Contact Sam on221920		
2nd Dec	Christmas Coffee Morning at Dagnall Church 10.30 - 12.30		

#### Vacancv

There one vacancy for a Parish Councillor in Eaton Bray. Anyone over the age of 21, who has lived or worked in the village for a year or more is welcomed to apply to be co-opted onto the Council. If you are interested please write to The Parish Clerk. 8 Gardners Close Dunstable, Beds. LU6 2AJ.

#### The Salvation Army, Booth Place Weekly Activities

Sunday Sunday School 9.45am Morning Service 11.00am Evening Service 6.00pm Monday Games Night (Ages 5-8) 4.30pm Wednesday Home League (Ladies Meeting) 2.30pm Thursday Young Ladies Fellowship (Last Thursday in every month) Friday Young People 5.00pm (Singing, tambourine & recorder practices)

### **Eaton Bray Hall Requires a Booking Clerk**

For further details please telephone:

**Rov Simmons** 

on 220749

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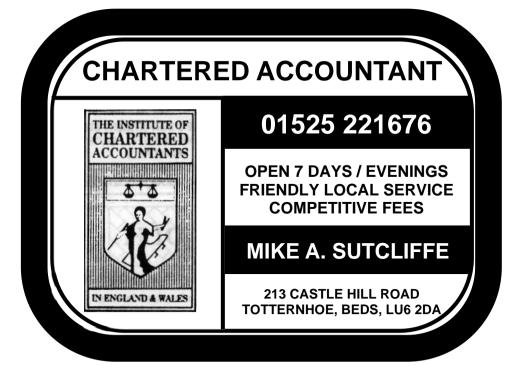


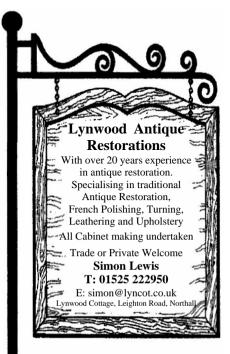
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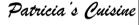
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### Highlights from the Minutes of the Eaton Bray Parish Council Meeting - Held on 2<sup>nd</sup> October 2006 at 7:30 p.m

#### Chairman's correspondence:

Following a request from the Village Hall Committee for additional Parish Council representation, Cllr. Windmill offered to join Cllr. Marriage on the committee.

#### **Public Forum:**

Concern expressed that there isn't much for teenagers / young people to do in the village. The council was reminded that the youth club was now open for an additional night each week. There has been poor response to invitations to consultations in the past. The chairman asked that the young people be encouraged to come along to the youth club and to be willing to share their thoughts and ideas.

#### **Crime Statistics:**

The following crimes reported for September: 10 vehicles damaged, 1 theft from motor vehicle, 2 cases of violence against the person, 1 fraud.

Two people had received home visits relating to antisocial behaviour.

Anybody witnessing antisocial behaviour is encouraged to inform the police, it is often the only way to build a picture of the problem. This information can be given confidentially.

#### New Parish Councillor:

Mr. Philip Gallagher was introduced to the council and offered to serve as Parish Councillor.

Following a unanimous vote, Mr. Gallagher was co-opted onto the Parish Council. One vacancy remains, any person wishing to be considered to serve as Parish Councillor should contact the Clerk at the address below.

#### Youth Club Report:

The council was informed by the Chairman, as Treasurer of the Youth Club, that due to additional funding being made available, the Youth Club is not seeking an increase to the financial support from the Parish Council for next year.

#### Sports & Social Club report:

The Council heard that work to the fabric of the club is on schedule, phase one is now complete and work from phase three has been carried out following an environmental health inspection. The Council was asked to approve changes to the work schedule, altering the order of work. These changes were approved.

An account of income and expenditure was given, the accounts are in good order and a full set of accounts will be presented at the end of the financial year, April 2007.

#### **Traffic Calming:**

The GP committee is managing this item. A small team of Councillors and members of the public has met and will continue to work together to gather information and recommend a course of action.

Traffic monitoring will be carried out in the very near future to gain current data of traffic volume and speed.

# Any resident of Eaton Bray is welcomed to attend the General Purposes Committee meetings, held on the Second Thursday of the month at 7.30pm in The Coffee Tavern.

#### New Byelaws:

Notices concerning the proposed changes to the Byelaws were in place on Parish Council notice boards, on the Parish Council website, and in Focus magazine.

#### Link Magazine:

A new edition of Link is being prepared, the Council agreed to support this with a donation towards costs.

#### School Council meets Parish Council:

This popular exercise was held again this year, on the 19<sup>th</sup>. October at 12.45 in The Coffee Tavern. The next Parish Council meeting will be at The Coffee Tavern on the 6<sup>th</sup>. November 2006 at 7.30pm.

### **Eaton Bray Parish Council**

We hereby give notice of the following proposed changes to the byelaws in respect of pleasure grounds, public walks and open spaces of Eaton Bray, Bedfordshire.

These proposals to be advertised for a period of twelve weeks prior to submission to the Department for Enviroment and Rural Affairs.

Any representation regarding these proposals should be addressed to: The Parish Clerk, 8 Gardners Close, Dunstable, Beds. LU6 2AJ

#### Fires

#### This currently reads

19(1) No person shall in the ground intentionally light a fire, or place, throw or let fall a lighted match or any other thing so as to be likely to cause a fire.

19(2) This byelaw shall not prevent the lighting of a properly constructed camping stove or cooker in any area set aside for the purpose, in such a manner as not to cause danger or damage by fire.

<u>The changes are</u> to delete the original para 19.2 and add words from the model byelaws 12(2)(a) and is now to read:

"Byelaws shall not apply to the lighting of a fire at any event for which the Council has given permission that fires may be lit."

#### Golf

This is a new rule reading from the model byelaws para 35 and reads "Golf prohibited. No person shall drive, chip or pitch a hard golf ball."

#### Skateboards

This is a new rule from the model byelaws para 26 and reads "Skateboarding permitted but must not cause danger or annoyance. No person shall skate, slide or ride on rollers, skateboards or other self-propelled vehicles in such a manner as to cause danger or give reasonable grounds for annoyance to other persons."

#### Horses

<u>This is new rule</u> recommended by the GP committee to be inserted after the vehicles section (para 2) the following words to read "There is no bridleway on this land and the riding of horses or ponies is prohibited"

#### Wildlife

<u>This is a new rule</u> from the model by laws Para 9 "No person shall without the consent of the Council, turn out or permit any animal for which he is responsible to graze on the ground" followed

by the words recommended by the GP committee "unless by licence of the Council"

#### Dated 11<sup>th</sup> September 2006 Clerk to the Parish Council

# Eaton Bray Cricket Club 100 Club Results

October M Jarrett £25 G Elerton £10 Eaton Bray Cricket Club is kindly sponsored by F.A. Hawkins and M & M Properties.

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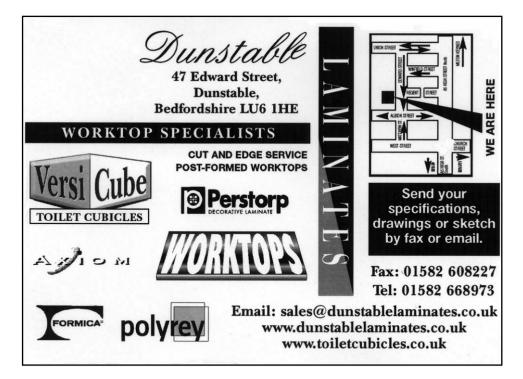
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#### Eaton Bray with Edlesborough Parish News

#### Vicar: Canon Malcolm Grant - The Vicarage, 11 High Street, Eaton Bray - Tel: 01525 220261 Hon. Assistant Priest: The Revd John Heffer, 35 Pebblemoor, Edlesborough - Tel: 01525 220618

Again we come round to November, the month of Remembrance. On All Souls' Day (2 November) the Church gathers to remember the faithful departed, and the families of all those whose funerals have been conducted by the clergy of this parish in the past year have been invited to our special Requiem Eucharist at 8.00pm on that day. We shall be delighted to welcome anyone who wishes to come and remember a loved one and to join in our prayers.

Our Parish Act of Remembrance takes place this year at Eaton Bray War Memorial (see panel for details). As we gather there we shall be remembering British service personnel who have died in Iraq and Afghanistan, as well as those who died in two World Wars and in the other conflicts of the 20<sup>th</sup> century. It is a sombre and saddening thought that we continue to add names to the roll of those who have given their lives in war, and that across the world millions of people live in daily fear of gun and bomb. When will human beings find the moral courage to rely on other means to resolve national and international disputes?

These conflicts in distant lands which still involve our own forces remind us of the interdependence of all peoples on planet earth. What happens in one place does have repercussions in other places, and this island nation cannot become insular in its attitudes. We must recognize our own part in so many of the current problems of the world, whether it be in drawing aribitrary boundaries for nations created out of the devastation of war, or in using colonies for our own benefit, or in economic policies which leave so many people trapped in poverty. We need to be engaged in calm and realistic dialogue with all the international agencies in the quest for just, peaceful and lasting solutions to the problems which tear our world apart. In today's "global village" we cannot shrug off the desperate concerns of other nations as "nothing to do with us".

Your local church is playing its own small part in this by its support this year for the Hospital at Kagando in south-west Uganda, a centre for medical treatment, health education and community development in that area of a nation which has so many problems to tackle. We are grateful to the many people in our villages who have already supported fund-raising efforts this year, and invite you to help us help Kagando by coming along to our Christmas Fayre on 18 November. The proceeds will be divided between our own church, where the nave roof has been repaired and completely re-leaded this summer, and Kagando Hospital. Even though we need to raise a lot of money for repairs to our own church, we believe it is still imperative that we do what we can to help others – that is how the spirit of Jesus translates into positive action.

MALCOLM

#### From the Parish Registers

Baptisms – "Brought to new birth in the family of the Church"

September 24 Finlay Hunter Thurston

Weddings – "To love and to cherish till death us do part"

September 30Benjamin Michael Cooper and Sisanna Elise FelsteadOctober 14David Paul Edward King and Fiona Stewart GunningFunerals – "Grant them, O Lord, eternal rest"Christine Elizabeth Howard of Knight's Close, Eaton I



September 19Christine Elizabeth Howard of Knight's Close, Eaton BrayOctober 13Paul Charles Myddleton Bashford of The Comp, Eaton Bray

**REMEMBRANCE SUNDAY** – The annual Act of Remembrance for our villages will take place on Sunday, 12 November, at 10.50am, at Eaton Bray War Memorial – please gather in the churchyard not on the roadside for safety. (The Sung Eucharist at St Mary's will begin half-an-hour earlier than usual on that day.)

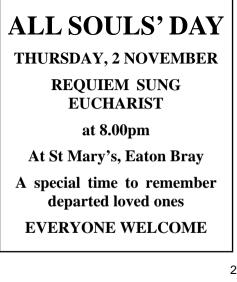
NORTH CHILTERNS GROUP - The annual Advent Service for the parishes of the Group will take place at 6.00pm on Sunday, 3 December, in Totternhoe Parish Church. Everyone welcome.

Services at St Mary's Church			
SUNDAYS :	8.00am –	The Eucharist	
	10.00am –	PARISH SUNG EUCHARIST (with Sunday School).	
		On Second Sunday of each month	
	10.00am –	WORSHIP FOR EVERYONE - a less formal service with	
		Holy Communion	
WEEK-DAYS :		7.30am - Eucharist 2.00pm (2nd Tuesday) - Toddlers' Church	
		9.30am - Eucharist 8.15pm (2nd Wednesday) - Healing Service	
	Thursday:	7.30pm - Eucharist (2nd Thursday only)	
EVERYONE WELCOME AT THESE SERVICES			

### Ashton Middle School

Parents who may be considering applying for places at Ashton Middle School in future years are advised that the Governors of the School have revised their definition of practising members of the Church of England. In future they will require to be assured that those claiming preferential consideration in the admissions procedure have attended public worship on at least one Sunday each calendar month during the **twelve** months preceding the application. This will apply for admissions in September 2008, for which application has to be made by 1 November 2007. In order to qualify, therefore, parents must be able to show that their qualifying attendance covers each month from November 2006 (i.e. from now). As in previous years, the local clergy will countersign such applications only when given documentary proof that the Governors' requirements have been satisfied, and anyone who will be making such an application should ask for an attendance card at the church, and ensure that they have it signed by the Vicar or a Churchwarden each time they attend. I want to make it clear that, because being a practising member of the Church of England confers such a significant advantage in the admissions procedure. I shall decline to sign any application given to me without clear proof that the Governors' conditions have been fulfilled – I cannot reasonably be expected to remember everyone's pattern of church attendance over the space of a year.

MALCOLM E. GRANT (Vicar)



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### St Mary's September Parochial Church Council Meeting

The PCC met on 14<sup>th</sup> September in the Coffee Tavern as work is still continuing on the Dagnall Church extension. We were provided with an update on repairs to our Chancel Roof which should be completed by the end of September.

The 17<sup>th</sup> September will see a trial launch of our new Sunday Lunch initiative. It is planned to eventually open this up to anyone in the Villages.

It was agreed that due to a busy December the children's party will be held on Saturday the 13<sup>th</sup> January. This will be something for the children to look forward to after Christmas.

We discussed the visit of Bishop Kisembo to the 10 o'clock service on 15<sup>th</sup> October at St Mary's when we will be joined by parishioners from Whipsnade, Studham and Kensworth.

We will be having our usual service on All Souls Day on Tuesday 2<sup>nd</sup> November at 8pm. We will again be inviting families of people whose funerals have been held at St Mary's over the last year. The service will of course be open to everyone.

Our Christmas Fayre will be held on November 18<sup>th</sup>. Money raised will be shared equally between our Roof Fund and the Parish Project – Kagando.

The Church Mouse



Faton Bray Lower School

Head Mrs. S. Hounslow Telephone Number: 01525 220468 Fax: 01525 223057

School Lane Eaton Bray Bedfordshire LU6 2DT

Dear Neighbour,

Eaton Bray Lower School is in the process of preparing a School Travel Plan. It will look at the issue of traffic congestion in the area of the School in the mornings and afternoons.

Although it would be wrong to guess what it might contain, likely targets may include:

- > A reduction in the number of parents who drive to the school
- The encouragement to park away from school and walk the last part of the journey for those parents who need to carry on travelling to their place of employment
- > The promotion of walking, cycling and car sharing

A vital part of a School travel plan is consultation with those who live nearby and who wish to contribute their experiences and views constructively.

Eaton Bray Lower School is concerned about the road safety, health and well being of all those who travel to the School. As neighbours who are affected by these issues, you are invited to give us your comments.

The process of preparing the plan has begun and is expected to be completed before the end of this autumn term.

If you wish to add your comments, please do so below and return the letter to School at your earliest convenience.

Thank you for your help, Mrs S Hounslow Head Teacher

Comments:

Name:

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# Edlesborough Under 5's

#### Monday - Friday 9.15 am - 12.00 noon

"Edlesborough Under 5's provides good quality nursery education"

"Children come into the group happily, eager to take part in the activities"

"Children's creative skills are promoted very well through a stimulating range of opportunities"

These are just a few of the comments made in our fourth OFSTED Report (Sept 2004). The report reflects the high quality of learning on offer to all children at Edlesborough Under 5's and highlighted the quality of teaching by the staff. We are currently operating a waiting list for  $2\frac{1}{2}$  to  $4\frac{1}{2}$  year olds. If you would like to pop in for a look around, please phone Kerry or Tracey on 07854 939226 between 9am - 12 noon, to arrange an appointment. A warm welcome awaits you.

For registration details, or to place your child on the waiting list, please phone Sue Connor: Tel - 222739.

"We are an Equal Opportunities Employer"

#### **Fund Raising Day** Don't miss **Orchard Cottage**, Edlesborough **Chapel Lane, Northall Plavers** 10.30 - 3pm**Raising the Roof** Saturday 11<sup>th</sup> November in aid of St Mary's Sale of **Roof Appeal** Jewellerv, on 3rd Feb painted glass, & gifts at 7.30pm Raffle Watch this space In aid of Breast cancer

# MISTY DOUBLE GLAZING ?

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Modern/Pop, Ballet, Tap, Drama & Singing

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A fun way for all children aged 4-16 to keep fit & Healthy For an information pack call

# 07843 272791

# FOR SALE

DELL 16 inch computer screen monitor. £10 ono Antique Shelf Clock c1935 – with chimes – has been reconditioned – please call to discuss Tel 01525 220855 FOR SALE York fitness gym bench with chest press, leg extension and weights with long bar Hardly used £20

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FOR SALE Two Architectural Salvaged Terracotta chimney pots 18 inch high x 11 inch wide £25 ono

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Activity Station Excellent Condition £50

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# HOLIDAY LETS

### Marbella - Holiday Let

Five star **Designer Furnished** luxurious apartments located literally on the beach in San Pedro, just 2 km from Puerto Banus.

Designer Furnishings Luxury Kitchens with Granite Worktops Marbled Bathrooms with Jacuzzi Bath Award Winning Landscaped Gardens Swimming Pool and Waterfalls Video Entry System Underground Parking with Lift Large Terraces and Garden Area Choice of 2 bed ground floor and NEW for 2005 A brand new 3 bed first floor apartment

To view internal photographs and for more information please see http://bahiabeach.mysite.freeserve.com or feel free to contact us on 01525 222753 Michelle and Kevin Reddington

#### Costs calida Spain Isla Plana

Isla Plana is a small village 2km across the bay from Puerto de Mazarron

The village has several bars & restaurants, a village shop, bakers, butchers & pharmacy.

Mazarron is a fascinating old town backed by rugged landscape of mountains. The town has a good selection of shops, restaurants & Sunday market.

#### Luxury beach front apartment

with stunning views across the bay from large private gated terrace, 2 bed, 2 bathrooms, all mod cons, air con & heating. Large communal pool, separate children's pool & play area. Tennis court, video entry, underground parking.

Rent £250-£550 per week

Murcia airport 1 hour Contact Mandy 01525 874803

### HOLIDAY LETS

#### Luxury Holiday let in Orlando -Florida

Privately owned luxury 5 bedroom villa with own screened pool just 15 minutes from Walt Disney World Resort.

Sleeps up to 12 people comfortably. The villa is furnished & fully equipped to a high standard. \*5 Bedrooms \*3 Bathrooms \*Dining Room \*Kitchen \*Sitting Room \*Screened Pool Area \*Air Conditioning \*Private Pool (heated on request) \*Double Garage \*Washer / Dryer \*Dishwasher \*Microwave \*Kitchenware \*Linen \*Cable TV \*Telephone \*Cot & High Chair

Located in a residential community just off US192 (junction 27) which means that most of Central Florida's theme parks and attractions can be reached within 15 - 20 minutes. Also numerous Championship Golf Courses within easy reach.

There is a supermarket, pizza delivery shop, bank, post office & petrol station all conveniently located within the development.

For Further Information Please Contact Us On 01525 220879 Graham & Karen Howard

### Enjoy a Winter Break in Los Gigantes - Tenerife

Luxury Timeshare Apartment One bedroom (sleeps 4) Available to rent for one week

9th - 16th February 2007

For more <u>details</u> call 01525 222726

#### Menorca – Cala'n Porter

Light, airy, comfortably furnished apartment; balconies front and rear; great location centre village; sleeps 4; one double bedroom, one twin-bedded room; large communal pool in private grounds.

#### Tel: 01525 852368/07914 011241 for brochure/details

#### Sheplegh Court Nr Dartmouth, South Devon

Lovely two bedroomed apartment in country house set in 30 acres of gardens, woods and parkland. Facilities available include:

- Heated outdoor swimming pool with sun terrace and barbecue area (summer only)
- Conservatory overlooking the gardens and parklands
- All weather tennis court.
- Snooker room with full size table
- Small indoor pool, jacuzzi and sauna

Secluded position on outskirts of award winning village yet within 3 miles of beaches and Dartmouth Golf and Country Club. Available for weekly letting or for three plus days out of season.

For further details please telephone 01525 220957 evenings and weekends

### Langham Barns

Fancy a break in Lincolnshire? Barns newly converted to high standard In rural location, 3 miles from coast

> Tel 01507 490313 Mob 07717452610

#### Anarita Near Paphos Cyprus

Recently built luxury villa, 10 mins from Paphos town and 10 mins from airport

- Three double/twin bedrooms
- Two bathrooms
- Fully fitted kitchen
- Air-con
- Lounge/diner with TV/DVD player
- Own pool and garden

Beautifully situated overlooking sea and short walk into Anarita village which has taverna, supermarket and bar.

Rates vary according to season (£350-£750). Available all year.

Contact Nicky 07980735955 or email <u>nicky.corehealth@virgin.net</u>

# Act, sing and dance at Stagecoach



AN HOUR TO ACT

Schildren to act, sing and dance. We help them to stand well and move freely, express themselves more clearly, gain confidence and self-esteem —skills they learn for life. Schools open for three



AN HOUR TO DANCE

hours at weekends during normal term time.

There is no audition students need only to be enthusiastic and aged between 4 and 16.

For a Prospectus and more details please contact Wendy Ashman at Stagecoach Leighton Buzzard on 01525 222715

AN HOUR TO SING





#### **VEHICLE PAINT & TRIM REPAIR**

A mobile service at your workplace or home!

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For your free estimate call : Mike Martin 01525 222623 or 07768 361802 5 School Lane Eaton Bray



Holistic therapies are concerned with treatment through massage, manipulation and relaxation. They are not only treatments for one physical ailment or one part of the body, but also treat the person as a whole.

Ideal for today's stressful lifestyles. Treatments include:

Aromatherapy Massage Indian Head Massage Reflexology Reiki Crystal Therapy

Also... Manicure / Pedicure

New: Reiki courses are now available. Why not learn how to become a Reiki Master so that you can help yourself as well as others.

Vouchers available, so why not treat a loved one or friend as well as yourself.

For more information or to book an appointment call Kate Meredith IIHHT, RGN, on 01525221380

### What's On - Ian Rennie Hospice at Home

# Saturday. 18 November 2006

#### BUTTERFLY NIGHT

#### Victoria Hall, Akeman Street, Tring

A wonderful evening of entertainment with scrumptious supper and an after-dinner auction run by John Bly

7.30pm until midnight

Tickets at £17.50 are available from Daphne Vessey (01296 631756) or Peggy Bainbridge (01442 826265).

#### Saturday, 18 November 2006

#### HEMEL HEMPSTEAD VICTORIAN EVENING

#### Hemel Hempstead Old Town

The annual Victorian evening in Hemel Hempstead old town. This year IRHH will have a Beaujolais Tombola stall. Our Light Up a Life Dedication ceremony takes place at the start of the evening.

From 6.30pm onwards

Free entry - all welcome

#### Saturday. 18 November 2006. 7pm IN THE MOOD

#### **Curzon Centre, Beaconsfield**

Back for a second year, your chance to tap your toes or dance to the big band sound of "Echoes of Swing". A great evening of unashamed nostalgia. 40's costume optional. Licensed bar and food available. Tickets £10 per person from IRHH Beaconsfield shop, The Arcade, Maxwell Road or call 01494 680789.

#### Friday, 24 November 2006

#### TRING CHRISTMAS FESTIVAL Tring High Street

The annual Christmas Festival (formally Victorian Fiesta) evening in Tring. IRHH will once again have a popular Beaujolais Tombola

### Worlds Biggest Coffee Morning in Aid of Macmillan Cancer Support

Sue Cawdell and Chris Yorke would like to thank all of you who came to the coffee morning on Friday 29 September 2006 and also to those of you who sent donations.

We all had a lovely morning and raised £152.00 for Macmillan.

Stall.

6.30pm onwards

Free entry - everyone welcome.

Sunday, 26 November 2006

ANNUAL CHURCH SERVICE OF THANKSGIVING

St Peter & St Paul's Church and Church Square, Tring

An opportunity to remember the lives of family and friends including those nursed by IRHH. Refreshments will be served afterwards in the church hall.

Service commences at 3pm and is followed by our Light Up a Life Dedication Ceremony. All welcome.

#### LIGHT UP A LIFE DEDICATION CEREMONIES

Saturday 18 November, 6.30m Hemel Hempstead Old Town Sunday, 26 November, 4pm Church Square, Tring hospices Sunday 3 December, 4pm light up St Mary & All Saints Church a life Beaconsfield Sunday. 3 December. 3.45m Union Baptist Church, Easton Street, High Wycombe Thursday 21 December, 7.45m Tylers Green Common These ceremonies take place OUTDOORS so please dress warmly. Please contact the IRHH Fundraising Team on 01442 890222 should



vou wish to dedicate a light.

# New Youth Club: The Venue

"The Venue" is a Christian based youth club that aims to share the good news of Jesus Christ with children aged 8-12 years.

We meet every Friday during term time from 7 - 8.45pm.

The evenings include: fun team games, a 10 minute God slot followed by tuck shop, pool, table tennis, table football and much more.

For more information please contact Bruce or Nicky on 01525 221601.

### **Dagnall News**

#### Dagnall Church

Christmas Coffee Morning on Saturday 2<sup>nd</sup> December 10.30 - 12.30. Cake stall, crafts, giftwrap and Fairtrade. All proceeds to be divided between the Church Extension Project and Kagando Hospital.

#### Over 60's

Our September meeting was lunch at the Cross Keys at Pulloxhill, followed by an afternoon coach tour around the local area, with the meeting ending with a visit to a garden centre. I received many "A most enjoyable day" comments, although my continued ill health precluded me from the early part of the afternoon. I was apparently missed and I am most grateful for the card and collection made for me during the trip.

On October 17<sup>th</sup> we will be serving, free of charge to members, the annual Sausage and Mash lunch with apple pie and custard! Very popular indeed.

On November  $21^{st}$  we have a visit from a comedienne! and our year culminates on December  $12^{th}$  with our usual Christmas lunch with carols, etc. – a really enjoyable occasion for all.

Roy Castledine

#### Dagnall School

#### Dagnall School has Governor vacancies!

The governing body of Dagnall School has space for a community governor, and for another parent governor. There are no set hours and no pay - just the opportunity to be involved with the education of our children, in the first important years of their school lives.

You do not need to have any previous experience, or any qualifications, (to be a parent governor, you must be the parent of a school age child). All you need is to be prepared to commit some time, some energy and some enthusiasm – and be ready to be welcomed in school.

If you would like to know more, or to visit the school, please contact one of us; Vicky Lee - Chair of Governors 01442 843361 or Jennie Marriner-Kyle – Headteacher on 01442 842473

You have nothing to lose from finding out more ...

The Blue-Tits wrote poems for National Poetry Day. This one by Daniel Challis was based on a Caribbean Counting Rhyme.

Six by Six Six by Six Lorries carrying Loads of mix Seven by seven Seven by seven I want to see you Go to Heaven



Wednesday 1st November, 2006 Smartie Artie and Magic - Paul Spencer, director & secretary of Smartie Artie

**7.45pm, Salvation Army Centre, Bull Pond Lane, Dunstable.** Visitors are welcome at £1.00 For further information phone 01582 527790



#### SSAFA Forces Help The Soldiers, Sailors, Airmen and Families Association Helping servicemen and their families at a time of real need

The death of 14 men in a crashed Nimrod aircraft in early September, though the result of an accident rather than direct military action, was a savage reminder of the risks British servicemen are exposed to in Afghanistan. In the Spring of this year 3,300 additional troops from the British forces left our shores to serve in the country, increasing the number to 5,700. Subsequently, further contingents have been drafted to both Afghanistan and Iraq to augment our over-stretched forces engaged in intensely difficult military situations. As these men and women went on operation they left behind them thousands of loved ones who wait and pray for their safe return. Separation is always difficult for families and many people feel the need for extra support at these times.

The national charity, SSAFA Forces Help, runs a nationwide Support Line for all Service personnel and their families. This provides a fully confidential, independent and non-judgmental service aimed at listening to people who are experiencing any kind of difficulty. This includes calls from the families of the ex-Service community as well as those in the services now.

The issues people call about include anxiety, isolation, depression, bereavement, relationship breakdown and debt, to name but a few. The Support Line operates outside the military chain of command, thus ensuring full confidentiality. Benefits for callers vary from simply feeling relief through talking over things with an understanding outsider through to clarifying problems and considering options for appropriate action.. No two calls are the same and each is treated with equal respect and anonymity.

The Confidential Support Line number is free and it is open from 10.30 a.m. to 10.30 p.m. every day, 365 days a year. The number is 0800 731 4880. The "Support Liners" are highly skilled individuals who are committed to providing the best possible service to all callers. Their backgrounds include experience in a variety of welfare organisations and caring professions. The high standard of the line has recently been recognised with a quality accreditation by the Telephone Helpline Association, a mark of professionalism few national help lines achieve.

This is one specialist field in a wide field of endeavour on behalf of Service men and women engaged in past and present military conflicts. The core work of SSAFA is carried out by trained volunteers known as caseworkers. In our own County SSAFA works closely with the Royal British Legion who, like SSAFA, are as totally committed to the present generation of Service personnel as they are, by tradition, to veterans of the World wars of the twentieth century.

Caseworkers can assist people with emotional, financial and practical problems. They can also tap into SSAFA, British Legion and other benevolent funds, military and civil, to give financial help in deserving cases. Both charities would welcome new recruits to the caseworker teams. Full training is provided and travel expenses are re-imbursed. Volunteers can work flexibly in relation to days of the week and periods of the year.

There is a local support network in five major sub-divisions of the County.

If any readers are interested in devoting some of their time to this valuable work their first point of contact should be Victor Heron (SSAFA) or Craig Treeby (Royal British Legion,) both attainable on 01844 218349. If, by chance, any readers should come into contact with people with Service connections who would value the kind of support that the charities can give, they may like to draw their attention to this article.

John Lambert Publicity Officer, SSAFA Forces Help, Bucks IS YOUR COMPUTER GIVING YOU A HEADACHE? For all your home or business computer problems Contact Dave at A-rama (UK) Ltd at The Book Castle, 12 Church Street, Dunstable, Bedfordshire LU5 4RU Tel: 01582 605670 (9.00-17:30 Mon-Sat) or Mobile: 07850 777944 (9:00-21:00 Mon-Sat)

# Amateur Village Theatre Company Front Row

Presents by kind permission of Josef Weinberger Plays, the hilarious Peter Gordon comedy

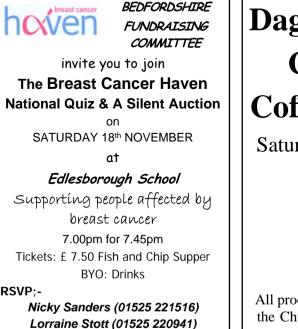
Third Week in August



When Sue tries to get away from it all on a solo caravan holiday, little does she realise that she's booked into the caravan site from hell! Taken under the wing of 'expert' caravanner Neville, he decides that a communal barbecue is the order of the

day, and things really start to hot up! With a script that is sure to raise a chuckle and a cast of oddball characters (if you've ever been near a caravan site you'll recognise them all!), let's raise the steadies and check the electrics - because we're all going on a summer holiday!

Thursday 23rd, Friday 24<sup>th</sup> and Saturday 25<sup>th</sup> November at Eaton Bray Village Hall Box Office <u>01525 222283</u> Tickets on sale from 1<sup>st</sup> November



Registered Charity: No 1061726

# Dagnall Church Christmas Coffee Morning Saturday 2<sup>nd</sup> December 10.30 - 12.30 Cake stall Crafts

Giftwrap

Fairtrade

All proceeds to be divided between the Church Extension Project and Kagando Hospital





# **Christmas Workshop**

Have you ever fancied flower arranging; well now you can! Sam is running an evening workshop to give you the opportunity to create a seasonal arrangement ...

All flowers, foliage and sundries will be provided and you get to keep your end product. Refreshments included.

Date:Wednesday 29th November 2006Time:7.30pm – 9.30pm (ish)Location:Northall Village HallCost:£20.00

For further information and a booking form please call Sam on 01525 221920

2 High Street, Edlesborough, Beds, LU6 2HS Tel. 01525 221920 Email: <u>Sam@budsofmayflorist.co.uk</u>

# St Mary's Christmas Fayre Saturday, November 18th 12 noon - 2pm Eaton Bray Village Hall Cake Stall, Christmas Gifts, 'As new' Toys, Chocolate Tombola, Crafts, Fair Trade Ploughman's Lunches Entrance 50p to include tea/coffee In aid of St. Mary's Roof Fund and

Kagando Hospital

Come & support your parish church

# Christmas Shopping Evening

After a very successful evening last year the Village Swan Pub, Ivinghoe Aston is pleased to invite you to another Christmas shopping evening in aid of Breast Cancer Research

# Date: Thurs 23<sup>rd</sup> November Time: 7.30pm – 10.30pm

Stalls include: Cards, Flowers, Gifts, Books, Cosmetics, Jewellery and much more

For further information, please call Sam on 01525 22190 Day,

01525 222541 Eve





#### Eaton Bray Lawn Tennis Club

Just like that stalwart of diplomacy Boris Johnson I've gone and put my foot in it. Both feet in fact, up to my waist. Probably even my chin. In last month's article I congratulated our Ladies Division 2 team for winning their South Beds league, and I named the players. Well, most of them. All except one in fact. My sincere apologies to Jane Wigley who played a big part in their success. I have been suitably admonished by the Chairman, Secretary and Treasurer; apparently even that mad border collie who runs around outside the courts like a demented chicken on steroids every time a ball is played knew that Jane was in the team. I am happy, nay delighted and honoured to put the facts right, and hope my job here is secure for another month. Or at least until they pay me. I might as well go now.

Our club tournament finals day in September took place under sunny climes, and saw a first Men's singles victory for Michael Tatham who despatched club coach Nick Boys in straight sets, going through a racquet in the process and remarking to his watching father Jeremy 'that's another 20 quid please Dad'. Both players put their all into the match with fast and furious rallies, and Nick gave as good as he got until being eventually outgunned by rising star Michael. At half Nick's age (well, about...) Michael's energy levels won the day. Nick can take some solace however in the fact that it was he who had previously coached Michael and helped him reach the standard he is now. After all, how many top players' coaches can actually beat their employers? Not that many.... Congratulations Michael !

In another fascinating match, chairman Ross Bagni took his first title in 18 years as he and partner Jenny Baines beat Jane Wigley and Simon Mitchener in 3 sets in the mixed doubles. Scheduled for 90 minutes, the players were still pounding out the rallies 3 hours after umpire Peter Hale had tossed his coin, and during one break between games Peter had to trot to the clubhouse for a cushion to ease the cramp attack from squatting on the narrow top step of his ladder. Ross, clearly emotional after his victory, declined an interview with Focus, instead retiring to the clubhouse for a cup of tea and a nice sit down. It was reported to be the quietest Ross had ever been, and other players and onlookers savoured the moment whilst a worldwide search was launched for an engraver who could spell 'Bagni'.

In the Ladies' doubles final, Val Abercrombie and Jane Cross overcame Danielle Tansley and Jane Wigley, whilst Simon Mitchener and Pete Messetter got the better of Glenn Wigley and Nick Boys in the Mens' doubles. The Ladies' final saw some strong groundplay from the winning pair, whilst the Mens' doubles saw some unique umpiring from La Perm John (name anagrammed to protect his identity) who displayed an amazing incapability to keep track of the score. "I thought those few glasses of rosé would help me concentrate" explained umpire La Perm afterwards, "but unfortunately they had the opposite effect. It was a good job the crowd could both keep the score and act as line judges because I hadn't got the faintest idea what was going on". La Perm John has now been assigned a retraining course, an appointment at Specsavers and 2 aspirins, after which he can return to Taskers Row. Oops.

The massive developments at our club are now underway; the courts have been re-laid and the fences replaced. The great news is that, having seen our plans for expansion, a Russian billionaire, Servya Rakketov has expressed an interest in a take-over bid for the club. Together with Vietnamese financier Phut Pholt he plans to bring brand new facilities including extending the existing clubhouse down to School Lane and building new multi-storey car parking facilities on the Green. There will be a new 35,000 capacity Grandstand with ten 25 metre high floodlights, conference facilities and executive boxes. School Lane will be re-developed into a dual carriageway with a Hemel Hempstead type 'magic roundabout' at the junction of the High Street

(with a McDonalds in the middle) to facilitate the journey times of the thousands of tennis players and fans expected to flock to the new facilities. It is hoped that within 3 years we will be hosting the first of many Grand Slams, taking over from Wimbledon which to be honest is beginning to look a little jaded. In place of Henman Hill the club will construct Bagni Burrow to ensure that the memory of the Chairman's magnificent victory this year is forever sculptured into the landscape of Eaton Bray. After all, it may be another 18 years before another chance comes along.

For any further information about the club, including when we get together for our social tennis sessions up at the School Lane courts, or our various activities, please call either Chairman Ross 'Burrow' Bagni on 01525 221411, Coach Nick Boys on 07810 832774, or if they're all out and I'm not out in fantasy land me, Andy Cross on 01582 477114.

#### Mothers' Union, Eaton Bray With Edlesborough

In July we enjoyed a coach trip to Henley-on-Thames arranged by June, who also provided the very nice refreshments along the way. Then in August we joined with the Eaton Bray W.I. for a coach trip to Stratford-on-Avon, - again very enjoyable.

The September meeting was held in the Coffee Tavern with sixteen members and friends present. Sheila said the prayers, then June introduced our speaker, Joy, the Salvation Army Captain, who gave us various interesting literature on the work of the Army.

A man called William Booth founded it in 1865 in the East End of London. He and his wife Catherine were originally Methodists. He felt strongly that he should do something to help the poor and needy. The movement quickly spread to many parts of the world and now works in more than one hundred countries.

Originally called 'The Christian Mission' Booth changed its name to 'The Salvation Army' in 1878. There are now more than 700 centres which are both places of worship and community centres and over 100 social work centres.

'Faith House' in King's Cross London arranges to meet youngsters off trains to offer help. Since February this year they have been working hard dealing with cases of human trafficking, which is a worldwide problem.

The Army does much work in providing water storage tanks in many overseas areas. It was able to help in the Tsunami disaster: and was also allowed to help and comfort victims of the London underground bombings.

Mary thanked Joy for her talk and the meeting closed with grace at 4.p.m.

New members and friends will be very welcome.

#### Eaton Bray Village Hall 100 Club Winners September 2006

Number	Name	Winnings
60	Mr Moreton	£100
189	Sonia Dean	£25
68	Dave Richards	£25
83	Laurette Holmes	£25
60 189 68 83 30	Keith Reynolds	£25
Drawn on	20th September	2006 at Eaton B

Drawn on 20th September 2006 at Eaton Bray Playgroup. Please direct any correspondence to Ross Bagni, 71 Bower Lane, Eaton Bray, Bedfordshire, LU6 1RB, Telephone: 01525 221411.

## **Local Private Tuition**

Does your child need help with Maths, Literacy or Science?

Is your child having difficulty in any area of the primary curriculum?

I can offer stimulating and interactive tuitions which can support your child in their learning.

I am an experienced primary teacher currently teaching in Harpenden. I have an excellent teaching record and references are available.

Full and half hour tuitions available at good rates.

#### Please contact Sonya on 07961 155 870 or 01525 221278

#### The Friends of Florence Nightingale House

#### Friday 3rd November

**Christmas Gift Auction and Supper** at Eskdale Road Community Centre. 7.45 for 8pm. Tickets: £19.50 per person.

#### Saturday 4th November

Day Trip to London Tickets £17 per person.

#### Wednesday 8th November

"Glow in the Dark Bowling Challenge" at Jardines Club in Aylesbury. £24 per team of four, which includes entrance to the club, shoe hire and one game.

#### Friday 24th November

**Race Evening** at Eskdale Road Community Centre 7.45pm. Tickets: £11 including a fish and chip supper

#### Saturday 25th November

**Christmas Bazaar** at Eskdale Road Community Centre, Stoke Mandeville. 11am-3pm. (**Could you please donate a selection box or a children's sweets stocking?**)

#### Saturday 25th November

**Andy Cowie's Music Quiz** at Hawkslade Farm Community Centre at 7.30pm. Teams of 6-8: £7.50 each including a ploughman's supper.

#### Saturday 2nd December

**Christmas Bingo Evening** at Manor House, Main Hall 7.30pm, Tickets: £7

#### Sunday 3rd December

Bath Christmas Market Tickets:£18.50 per person

The Friends of Florence Nightingale House Manor House, Bierton Road,

Aylesbury, Bucks. HP20 1EG.

#### Telephone & Fax: 01296 429975 email: info@ffnh.nildram.co.uk Website: www.ffnh.org.uk



#### The National Trust

#### Friends of Ashridge

#### Thursday 16 November 8pm:

#### Ashridge in Action

Enjoy an evening with the Friends of Ashridge, a glass of wine and Colin Sturges' photographic record of the changing seasons and work on Ashridge Estate.

Berkhamsted Civic Centre

FoA £3 Guests £4 (payable at the door)

#### Sunday 3 December 10am to 4pm: Ashridge at Christmas

The Friends of Ashridge invite you to prepare for Christmas by visiting stalls laden with local produce, crafts and gifts. There will be Christmas carols and a tombola with prizes generously donated by Friends.

#### Ashridge Visitor Centre

Entry Free

#### THANK YOU

The Residents of Taskers Row Sheltered Housing Scheme wish to thank everybody who supported their recent Bazaar. A total of £574.84 was raised which will be used for their future social activities.

Particular thanks to the following for their generous donations:

- Edlesborough Post Office
- Janes
- Kafé Kalors
- The Bell
- The Village Flower Shop
- The Arts & Crafts Shop
- Edlesborough Autos
- Café Masala
- The Five Bells, Eaton Bray
- Happy Valley Fish Bar
- The Swan Inn

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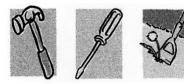
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#### Edlesborough Parish Council (including Edlesborough, Dagnall and Northall) News

The Basketball Goal has now been installed on The Green at Edlesborough much to the delight of the youth of the village. A playing surface will be constructed in due course and a replacement practice goal which had to be removed to accommodate a further junior football pitch will be in situ shortly.

The Annual Return for the year ended 31st March 2006 has been officially approved and signed.

PCSO Jackie Dobson has been making her presence felt around the Parish and is conscientiously dealing with problems encountered such as human faeces at rear of Edlesborough Memorial Hall and evidence of further drugs, together with traffic problems.

As from 1<sup>st</sup> October 2006 the Edlesborough Parish Council Cemetery will become a Lawn Cemetery as originally intended and all planting, edgings etc. will be removed. Site meetings are due to take place with the prospect of achieving a more satisfactory access to the Cemetery not only for mourners and visitors but also for the Funeral Directors and contractors who are having, at the moment, to negotiate a very precarious route to reach the cemetery area.

The allotment rents will be collected on  $14^{\text{th}}$  October at Edlesborough Memorial Hall 9.30 - 12noon for Edlesborough and Northall Allotments and on Sunday  $15^{\text{th}}$  October at Dagnall.

The Parish Council apologise for the delay in setting up a meeting to discuss the Parish Plan, it is now anticipated that this will take place in November and those who have already shown an interest will be invited to attend.

The Parish Council have approved estimates for the Edlesborough Memorial Hall floor to be replaced together with external decoration and a survey is being carried out in Northall as to whether the residents require more street lighting along the A4146 Leighton Road.

Members of the Parish Council have attended Neighbourhood Action Group meetings which are held jointly with the Parishes and Police in order that they may work together and discuss any concerns.

It has become apparent that grass cuttings are accumulating by the perimeter hedges of The Green at Edlesborough which causes problems when strimming this area and it is requested that neighbouring residents' lawn cuttings be placed in the Green Sacks which can be purchased from the Parish Council and will be taken away with the weekly refuse collection.

Revised timetables for Buses from Dagnall to Dunstable, Leighton Buzzard and Hemel Hempstead have been received and the Parish Council would apologise for the error in times mentioned in the last edition of Focus.

Revised times are:

No. 171 to Leighton Buzzard:

Tuesday: Leaves Dagnall 10.20am, Leaves Leighton Buzzard 13.10pm

Saturday: Leaves Dagnall 10.20am, Leaves Leighton Buzzard 13.40pm

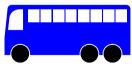
No. 172 to Dunstable:

Wednesday only: Leaves Dagnall 9.25am, Leaves West Street, Dunstable 11.40am

No. 175 to Hemel Hempstead:

<u>Thursdays only</u>: Leaves Dagnall 9.50am, Leaves Hemel Hempstead Bus Station at 1.20pm Copies of Time Tables are available from the Chairman, Mrs. Anne Thompson or details from the Clerk.

Lin Sargeant – Clerk to Edlesborough Parish Council: Tel. 01525 220859 E-mail: <u>parish.council.clerk@edlesborough.gov.uk</u> Website: <u>www.edlesborough.gov.uk</u>



#### Through The Bible Through The Year hbk

#### By John Stott Published September 2006 Candle Books 432pp £12.99

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John Stott is one of the most highly respected Bible teachers of our times. In this book he gets to the heart of each of the 365 carefully selected Biblical passages.

As Billy Graham says – I can't think of anyone who has been more effective than John Stott in introducing so many people to a Biblical world view.

This book is attractively produced and would make an ideal gift.

Review by John Snuggs – Christian Books, Dunstable

#### Eaton Bray Methodist Church

Our November Lunches will be served on Saturday 11<sup>th</sup> from 12.00 noon until 1.30 pm. A warm welcome awaits friends old and new.

On Saturday December 2<sup>nd</sup> we are holding our Christmas Lunches and Bazaar. As usual there will be two sittings and they will be bookable in advance. Lunch tickets will be on sale from Graham Carter at our November Lunches or by telephone on 01525 220742. A variety of Festive Stalls will offer an opportunity for you to do Christmas Shopping without queues and the hustle and bustle in local towns. Do join us.

#### What is the Answer?

That was the question on everybody's lips at the Largest Quiz ever held in the Village Hall on October  $6^{th}$ !

YES. When the old GI's (Village Hall Fundraising Committee) got together with Eaton Bray Tennis Club to organise this great Quiz Night, none of us realised that it would be a sell out and that we are now about to be entered into The Guinness Book of Records, as the **Largest quiz ever held in Eaton Bray**. We expect ratification within the next few weeks!

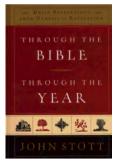
The benefit of these numbers was a massive £1300 to be shared equally between the toilets in the Village Hall and a load of **tarmac** at the Tennis Courts. Thanks to all of you who came and helped it to be such a success.

A special thank you to our quizmaster Keith Blackburn who volunteered his services to set totally impossible questions (well for some us anyway).

The saddest part? Well, as a member of the winning team last time, it was being beaten by the 2 youngest GI's (no names to protect the innocent) Katrina & Paul Hurley led a team to first place. I suppose congratulations are in order to them and their obviously **very intelligent friends.** Honestly no hard feelings on my part.

We hope you all enjoyed yourselves AND if you did, we are all doing it again next year, on **Friday 20<sup>th</sup> April**. Same venue, same quiz master, BUT unfortunately different questions!

Tickets available from Katrina 222503 or me (Ross) 221411. OR is that a bit too early? Answers on postcard please, to .....





#### Eaton Bray W.I. Report



The President welcomed the members to the October meeting. Our guest speaker was Anne Giles who is a volunteer on "Mercy Ships" who sail along the west coast of Africa, assisting very poor countries with medical help and other skills to improve the quality of life for the citizens.

Anne brought along slides of her trip to *Liberia* the ship, which was based, in the capital Monrovia. Anne explain that Mercy Ships only sail in to a port at the invitation of the countries government, whose only obligation is to agree to provide free moorings, water and the removal of rubbish.

Mercy Ships are a Christian organisation whose crew is interdenominational and has nationals from 40 different countries all are volunteers and the spoken language is English.

The volunteers work along side the village elders in helping to set up schools and sanitation projects, in areas that have often been devastated by years of civil war.

Anne is a trained nurse and her husband a surgeon from the L&D hospital, both took early retirement to join the Mercy Ships and spend around 6 months a year around the coast of west Africa.

Eaton Bray WI has a lively autumn programme with several social events starting with our annual Halloween evening in mid October. A vote was taken to buy and lay a poppy wreath at the Eaton Bray War memorial in November.

Our Christmas charity project is to support the work of the Mercy Ships by donating toiletries and stationary items for Anne to take on her next trip to Africa.

Our next meeting is Monday 6th November at 7.30pm in Eaton Bray Village Hall

Friends and new members are always very welcome contact 221185 for more information.



#### High Energy Costs Could Cause a Surge in Cold Related Illnesses

Domestic energy prices ballooned dramatically in the twelve months to August 2006 - gas by up to 35%, electricity by 25%\*. Inevitably this will tip many low income residents into 'fuel poverty' – the stressful situation where they can not afford to adequately heat their home.

The elderly are at particular risk of fuel poverty in winter and this can lead to an increase in cold-related illnesses such as asthma, influenza, bronchitis and pneumonia, as well as increasing the risk of heart attacks, strokes and other circulatory conditions.

Help is, however, available. Much can be done to improve the comfort of individuals at risk by making sure that their home is fully insulated, has a working heating system and is free of draughts. 'Fully insulated' means loft insulation to a depth of 10.5 inches and insulated cavity walls.

The Energy Efficiency Advice Centre offers free energy saving advice to local residents and helps homeowners and private tenants to source grants and discounts to better insulate their homes. This latter service is promoted locally under the Cocoon or Warmer Homes Greener Herts banner.

Homeowners and private tenants can all take advantage of discounted insulation. Those in receipt of certain government benefits may also be able to access 100% grants for cavity wall insulation and loft top-ups, plus the Warm Front grant of up to £2700 which can help replace a faulty or broken heating system. Benefit recipients with a disability, aged 60+, or with children under 16 years, are most likely to be eligible for grants.

For more information, please call the Energy Efficiency Advice Centre on 0800 512 012.

Winter Warming Tips Check that your home is fully insulated (with both cavity wall & 10.5" loft insulation) Keep daytime living spaces at  $21^{\circ}C$  ( $70^{\circ}F$ ) and the bedroom at  $18^{\circ}C$  ( $65^{\circ}F$ ) at night A hot water bottle OR electric blanket can help (NEVER use both at the same time) Keep on the move, wear lots of thin layers and have plenty of hot food and drinks



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#### All Saints, Dagnall - Services and Meetings in November 2006

During the first part of November, services will be held in the School.

Venues of Mid-week Meetings are to be decided.					
Wed. 1st Nov.	7.45 pm Mid-week Meeting led by Revd Lucille Kaye				
Sun. 5th Nov.	9.00 am Holy Communion				
	6.00 pm Evening Service with Holy Communion				
Wed. 8th Nov.	7.45 pm Mid-week Meeting led by Major Laina Geleit of the Salvation Army				
Sun.12th Nov.	10.30 am Morning Service				
	6.00 pm Sung Eucharist				
Sun. 19th Nov.	9.00 am Holy Communion				
	6.00 pm Evening Service				
Wed. 22nd Nov.	7.45 pm Mid-week Meeting led by Revd. Vindra Maraj-Ogden				
Sun. 26th Nov.	10.30 am Family Service				
	6.00 pm Evening Prayer				
Wed. 29th Nov.	7.45 pm Mid-week Meeting – Speaker: Lorna Stephens				
Sunday School meets each Sunday at 10.30 am.					



#### **Edlesborough Tennis Club**

Finals Day this year was on Saturday 10th September. The LTA Umpires took their seats and play began on the courts at 10 o'clock - at the same time the 'tent construction team' were in action on the outside to try and erect shelter for the spectators.

We were very lucky, unlike last year, the rain stayed away! The crowd were treated to some excellent, very competitive, closely-fought tennis matches whilst enjoying a superb ploughman's lunch and glass of wine. Our new club coach, Leon Leenders, was on the show court (that's the one nearest to the tent!) at lunchtime in a much anticipated, eagerly awaited mens singles match. This was a great opportunity for all the juniors to watch their coach in action and see just how the game should be played - no pressure then Leon! Sam Scott gave a terrific performance in the final and made sure things didn't go all the number 1 seed's way. All matches were of a very high standard but the match of the day and certainly the longest was the junior mixed doubles which consisted of 3 very close sets. A big thank you once again to Ben wright for providing and cooking the evening BBQ and to everyone who helped make it a very enjoyable day. Leon presented the trophies to the winners and runners-up. Congratulations to all our finalists!

#### **Results in Full:-**

Mens Singles:	L. Leenders	bt	S.Scott	6-2 6-1
Ladies Singles:	R. Garrard	bt	M. Geldenhuys	6-4 6-4
Mens Doubles:	Z. Bis & B.Thompson	bt	A. Everson & A.Mclean-Hall	6-3 6-1
Ladies Doubles:	M. Bis & S. Geldenhuys	bt	R Garrard & M. Geldenhuys	6-2 6-1
Mixed Doubles:	Z. Bis & M. Bis	bt	A. Everson & J. Hodson	6-1 6-1
Veteran Mens Singles:	A. Everson	bt	B. Whitworth	6-3 7-5
U16 Boys Singles:	S. Scott	bt	J. Kight	6-1 6-3
U16 Girls Singles:	K. Squire	bt	A. Kight	6-3 6-3
U14 Boys Singles:	J. Kight	bt	C. Morris	5-7 6-1 6-0
U14 Girls Singles:	K. Squire	bt	A. Kight	6-1 6-1
U12 Boys Singles:	J. Coates	bt	W. Sanders	6-4 6-0
U12 Girls Singles:	A. Kight	bt	C. Ellis	6-0
U10 Boys Singles:	S. Mercer	bt	M. Evans	6-3
U16 Mixed Doubles:	M. Coates & K. Squire	bt	J. Kight & A. Kight	4-6 6-4 6-4



#### St. Judes Clinic Asks Is Your Bra Right For You??????

Between 70% and 80% of women still wear the wrong bra size!!

Why as Physiotherapists does this bother us. Well, bluntly, saggy unsupported boobs can cause poor posture which, in turn, can lead to debilitating back pain. So you think, "I'll exercise to improve my general health and posture". Great, brisk walking and running are good forms of exercise, but have you thought about the impact regular exercise can have on your breasts?

Repetitive and high impact activities make the breasts bounce which causes stretching of the breast skin and ligaments. Compound this with wearing an unsupportive or ill fitting bra and this can lead to problems such as chronic back pain, neck and shoulder pain, enhance poor posture and could cause premature breast sagging.

#### WHAT CAN YOU DO?

Maintain strength in the muscles of your chest, shoulders and neck helps to provide support for the weight of your breasts.

Improving your posture is essential by sitting and standing tall rather than slouching. This will also involve thinking about what you do in your working day, for example, if you sit at a desk all day, check out your desk, chair, and screen height - if you drive any distance, and even if you don't, make sure you adjust your car seat to be in a fairly upright position, and utilise lumbar (low back) support in the seat.

Wearing a supportive bra especially when exercising. A correct size will mean you look great, be well supported and ward off unnecessary discomfort by maintaining good postural health.

It is important to check your bra size annually and make changes, if necessary. Many department stores offer professional fitting services. We don't stay the same size forever, life's events such as pregnancy, breast feeding, menopause and just ageing, will result in changes - keep track of your size so you continue to look good and feel good.

If you are clueless about how you should be sitting at a desk, your driving position or you think your posture's awful but don't know which exercises to do, we can help you.

Likewise, if you have any niggling aches and pains, do not hesitate to contact St Judes for a postural assessment, and some appropriate treatment on 01525 220127



#### Time called on Ageism

Jokes about being 'over the hill at 50' or 'wet behind the ears' may well fall foul of new age discrimination regulations which come into force on 1 October 2006. From that date, it will be unlawful to discriminate against someone on the grounds of age in employment (including recruitment, terms and conditions and benefits) and vocational training.

The regulations make a number of significant changes to other aspects of employment law, notably the removal of the upper age limit for statutory redundancy pay and for claiming unfair dismissal. The tapering of redundancy pay from the age of 64 is also abolished. However, the national minimum wage age bands are retained.

A default retirement age of 65 is introduced. Any retirement age below that will have to be objectively justified. Another major change is the introduction of a statutory retirement procedure when retiring employees aged 65 or over, retirement will be taken to be the only reason for dismissal and there will be no grounds for an unfair dismissal claim.

For more information contact the Citizens Advice Bureau, Grove House, High Street North, Dunstable. Tel: 01582 661384

Do you know anyone who would be good at advising and helping people? If so Dunstable Bureau is the place to be. Please contact the above number for more information on volunteering.



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#### Salvation Sound.....November 2006

Nostalgia.....From the fields of memory.....

I spent today with an old friend from my childhood; and our time was taken up with reminiscences from our early days; we then progressed to school days, recalling teachers and friends with whom we had lost touch; and so it was our thoughts travelled on, to work days and weddings, to houses, homes, and children, finally to those we had loved and lost.

"When my back is too old to bend; When my knees are too old to kneel; When my hands are too old to tend And fingers far too old to feel; When my ears will not hear again Leaves moving, nor the sound of rain; When my eyes are too old to see The apple orchard's ecstasy, O Memory, stay young with me.!"

The moment we are born into this world we set out on a journey. Sometimes our journey will be exciting, sometimes sad - but hopefully never without purpose.

Jewish people recall their heritage when they keep the feast of the passover, recalling their freedom from slavery, we can read of their journey in the book of Exodus, in the old testament of the bible. Think also of the missionary journeys of Paul, the biggest crisis of his life took place as he was walking to Damascus from Jerusalem. It happened when the Saviour appeared to him. "Who art thou, Lord" he said; the answer came, "I am Jesus whom thou persecutest."

This was the moment of Paul's conversion to Christianity. The whole purpose of his life was now permanently changed. Acts.9. 1-31.

I believe that life is not just a series of accidents. God is in control. Often it takes times of tragedy to remind us what really matters in life. We tend to grow overly concerned with the non essential,

unimportant things, but when life is reduced to the essentials it is then we recall that life itself is enough reason to praise God. He intends that we joyfully take each season as it comes. Whatever our age, He imparts what we need to be all that we can be. His presence can make each step along the way one of strength and beauty.

> "When we cannot see our way, Let us trust and still obey; He who bids us forward go, Cannot fail the way to show."



#### Salvation Army Red Shield Appeal

We extend our grateful thanks to all who gave so willingly to help us to raise the £3,600 collected in this area, all of which goes to support the 'Army's social work in the U.K. Thank you, too, all those people who gave their time to go door to door collecting, we could not do it without you

#### Edlesborough Parish Council Meetings 3rd Thursday of every month 7.30pm Memorial Hall Next meeting: Thurs 16th Nov 2006

#### Eaton Bray Parish Council Meetings

1st Monday of every month 7.30pm The Coffee Tavern Next Meeting: Mon 6th Nov 2006



#### **Eaton Brav Lions AFC**

The EB Lions Committee would like to thank Edlesborough Parish Council for all their help and support, particularly their efforts to enable the addition of a much needed second junior pitch on the Green. Without it, we would not have been able to run three new teams this season, so the Parish Council's support is much appreciated by everyone at the Club.

We would also like to welcome the new players to the club. There are new teams at U7 and U8 and we have introduced a second team at U10, which means that the two U10 teams can be merged next vear (when they start playing 11-a-side) to provide a large squad of experienced players. Also, welcome back to those players who have returned to the club after trying out other sports (or even other football clubs!) – it's great to see you again.

#### Tesco Sport for Schools and Clubs Vouchers

We hope that you have been collecting these vouchers for us again this year. The promotion is due to end on 5<sup>th</sup> November and there are collection boxes for the vouchers at 'Kafe Kalor' in Edlesborough and at Munn's Farm Shop in Dagnall. Thank you to Karen Mead for allowing us to use the café and shop as collection points. Please bring us your Tesco vouchers as they will enable us to obtain much needed training equipment for the new teams.

Liz Coates, Press Officer, EB Lions AFC (01442 842550) lizcoates@btinternet.com



Val Harris

#### **Edlesborough W.I.**

At our recent meeting we were given details of forthcoming events including our Birthday Dinner, the W.I. Group Meeting at Aston Clinton and the Eaton Bray Focus on Film Society.

Our speaker was Anna Conti from Leighton Buzzard, whose talk 'Not Just Churches' was on the subject of stained-glass windows. Since 1986 Anna has made and renovated stained glass windows for businesses, schools and domestic customers. She also does some teaching and holds workshops and parties for children.

After studying at Chelsea School of Art, one of her first engagements was work for Richard Branson. This was a good recommendation when applying for other work, and she went on to carry out a broad range of renovations in London houses and in new projects. She once appeared on the Richard & Judy T.V. Show. All her creations are hand made. The glass comes from various foreign countries, and the lead from Belgium. Over the years designs have changed, and clients have a choice from a number of these, for example: Victorian, Edwardian, Art Deco, Abstract.

Anna showed us examples of different types and colours of glass, and demonstrated cutting this with a small wheel. When a stained-glass window is made, the lead is put in place first, and this absorbs and vibrations which may occur after the glass is applied. We saw slides of Anna's work, and also examples of stained glass throughout the world. Although most is very colourful, Anna pointed out it can be very plain. It can also be double-glazed, but is not quite as attractive in this form. The slides showed how beautiful all forms of stained-glass can be, and how many different designs can be seen. Anna displayed some small examples of her work. They were lovely to see,

and proved what a talented lady she is.

Again this year, our Birthday Dinner took place at Dunstable Downs Golf Club. Fifty members enjoyed a delicious meal served in very pleasant surroundings. Our after-dinner speaker was Mr. Harry Sear, who lives and works locally. He illustrated village life in the form of very funny jokes. It was a really happy way to end a thoroughly enjoyable evening. Our thanks go to Ann Brinklow and Kathie Froud for arranging our celebration.

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#### Becca's letter from Uganda

I want to say to the readers of Focus "Thank you so very much". We have received a cheque for  $\pounds 2,000$  from St Mary's Eaton Bray raised through various events, including the Open Gardens in June and, as a result, we are purchasing two vital pieces of equipment - a pulse oximeter and a blood pressure monitor.

The pulse oximeter will allow us to measure peoples' saturation levels - in the UK it is a basic item of equipment and I'm very excited about having one available soon, as I miss it so much. The blood pressure monitor will enable us to constantly monitor patients who are very unwell. As soon as they arrive I will send some photos.

We have decided to buy new rather than renovated equipment and we will procure the equipment from a source in Uganda who offers a better guarantee and maintenance support in case there are any problems. Having this equipment will be wonderful and will make such a difference to the work we are able to do here in Kagando.

We have much to thank God for here. This year, in contrast to last, the rains have come and given us fresh water. It means that power supplies are more reliable, which is always nice. The rainy season here is vital for the well-being of the people here - pray that it continues for, due to the previous lack of rain, we are getting patients with cholera and typhoid because there has not been enough clean water in the villages.

Having been in Uganda for over a year I can tell you about some of the tremendous initiatives out here to support the poor and orphaned. I want to tell you about two such projects, Compassion and the Watoto Children's Village.

We recently had a child of 10 admitted onto the paediatric ward. Her name is Janet – brought in by neighbours, she was diagnosed with malaria. The child was severely malnourished and looked like a 4 year old. Her mother had learning disabilities and her father was mentally ill. There were three other younger children in the family. Her parents were unable to look after any of the children, so Janet was left to find the food, and cook it to feed them all.

The nurses and doctors quite shocked by this, so whilst Janet was in hospital a couple of the nurses visited the village. They found that the father's mental illness seemed to be due to poverty, and wasn't too serious, but that the family were extremely poor. They spoke to the village council to try and encourage them to take more responsibility for the children. Most importantly, Compassion, a charity that works in our area to organise sponsorship for children, agreed to sponsor all four of the children.

I've been really impressed with what I've seen of Compassion. The children they support are well dressed and fed, they have their school and health care paid for, and any extra money goes to the family to help them set up income generating projects. For example, they may buy a goat, which not only supports the child and their family but, when the child is too old for the charity, the family have something to generate income to continue to pay for their education. So in Janet's case she'll be 10 when she starts school and, by the time she's 20, the family should have generated sufficient income to be able to afford to continue her education. Her father will also be helped, as bringing the family out of extreme poverty should help his mental condition.

Also, look out for the Watoto Children's Choir who travel round Europe, America and Australia. The Pentecostal church in Kampala was established by a Canadian pastor and once it was successfully running and growing he was inspired by God to do something to care for the orphans in the locality. Instead of just building an orphanage, the Watoto Children's Village was set up. It has many houses, each containing 5 or 6 children of different ages with an adult female to act as mum, so they live in family type units. There are schools on site (which other children can attend) and the children really flourish. Every child gets one opportunity to participate in the Village Choir and The Village is funded by the choirs that go out on fund-raising tours.

As for me things are pretty good at the moment. We have a new physio arriving, I'm then off to

Jinja to meet up with some people from my home church in York. I've become involved with the Kagando Sunday School and we've done training for the physio staff and the midwives working with ante-natal mothers to help relieve these expectant mothers of some of their back pain etc.

There is so much to thank God for - Love Becca

Prayer requests

- Thank God for the rain. Pray that it continues.
- Please thank God for the many charities that sponsor children and for the people who support those charities.
- Janet is now home, but please pray for her and her family
- Pray for the work done at the Watoto children's home.
- Joanne (the new physio) should have arrived at Kagando in early October so please pray for her as she adapts and settles in.

#### When The Will Is Not The Will!

#### A person's WILL can be altered or replaced after they have died!

**INHERITANCE TAX AVOIDANCE:** In September's FOCUS I explained how anyone widowed, even if probate has been sorted, can still benefit from the doubling of their inheritance tax free entitlement from £285,000 to £570,000. This is because the tax avoidance options available to married and civil partner couples extends for up to 2 years after the death of a partner, whether the partner left a Will or not. Now I'll explain other opportunities available to those recently widowed through the use of a Deed of Variation.

**CHILDREN & CARE COSTS**: With or without the tax avoidance above, a change of house ownership from joint names to shared ownership (tenancy in common) working with a properly structured Will allows anyone widowed in the past two years to also make the best provision for any children and make an enforced sale of the home to meet long term care costs most unlikely, just as married or civil partners can.

**A BETTER FIT:** A Deed of Variation is very useful in making a Will or intestacy more reasonable, tax efficient and fairer so gaining greater acceptance by the deceased's family.

- 1 <u>Redistributing the assets.</u> This may be appropriate when a gift is not tax efficient or is inequitable, e.g.
  - An ageing sister of the deceased is left monies that only add further to an existing inheritance tax liability, so that 40% of the gift's value will go to the state as tax when she dies.
  - An ageing brother is in a care home and the monies bequeathed to them will be absorbed into their care costs.
- 2 Specific items 'wrongly' allocated: a more equitably or appropriate distribution can be agreed.
- 3 <u>An obvious potential beneficiary has been overlooked</u> this very common when a person dies intestate, i.e. without a Will.

#### **DEED OF VARIATION:** 4 provisos apply

- All beneficiaries of the Will or intestacy must agree to each change that affects them.
- The Variation has to be completed within 2 years of the partner's death.
- A Variation can only be done once. A Variation can be made after probate has been completed.
- where a change of house ownership, e.g. from joint to shared (tenancy in common), is an essential part of optimising inheritance tax fee entitlements, the interest of the deceased in the property (as recorded at the Land registry) must not have been destroyed by the premature selling of the property, possibly to downsize. Any sale of the house needs to be left until after the Deed of Variation is completed.

Arranging a **Deed of Variation** can be complex, so it is essential Law Society regulated solicitors are used, such as available through my practice.

NEXT MONTH: Marriage, Separation & Divorce and Wills Tony Duke

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